



RAK: RANDOM ACTS OF KINDNESS

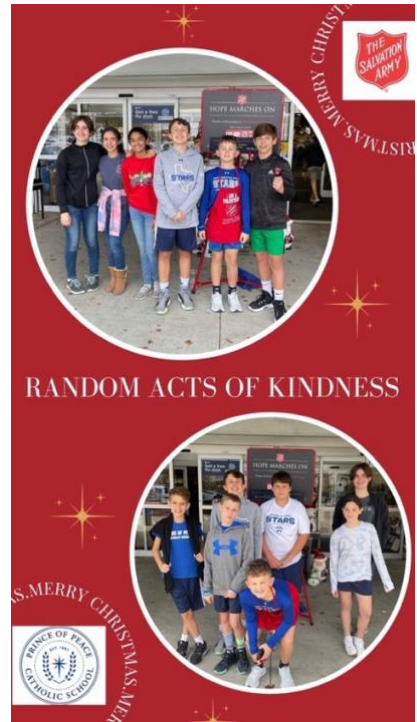
Random Acts of Kindness (aka: RAK) is a **parent led** and **service-based** organization for students in **6th-8th grades**.

It was formed in 2014 by a former POP parent whose son was in 6th grade at the time. While at POP, the students from this original group performed Random Acts of Kindness individually and together. Once graduating from POP, they continued to meet through high school, while attending different schools. RAK is a group made up of 10 - 12 students that focuses on spiritual development and complements the goals and values of the school.

In RAK meetings and projects, students develop the virtues of kindness, compassion, hope, generosity, and love. One of the goals for a successful RAK group is to continue performing random acts of kindness together as a group, once graduating from POP.

At the end of the school year, the RAK scholarship will recognize one 8th grade boy and one 8th grade girl who have participated in a RAK group and have completed an essay.

Original RAK Group from 2014



Salvation Army Bell Ringing



Adopt-A-Family



RAK Group @ Mater Filius

Random Acts of Kindness Goals

A RAK is a selfless act performed by kind people to either help an organization or cheer up a random stranger. For no reason other than to make people happier! It can be spontaneous or planned and it is always done with *love*.

The goal is to spread kindness as individuals within our school, home, and community.

Parent Expectations

- The Christian Service Coordinator, Mrs. Tamara Bayo will be responsible for forming “new” 6th grade RAK groups and placing new student interest for existing 7th & 8th grade groups. **To alleviate any hurt feelings or exclusion, parents will not be allowed to form their own RAK groups. All students are welcome to join RAK with the expectation of being placed with a variety of friends.** Groups will not be combined with other grade levels.
- In the sign-up form, students will have the opportunity to list a friend or two that they would like to be placed with. Students are not guaranteed a group with multiple friends but will be placed with one they have requested.
- Groups are formed with the hopes of placing equal number of boys and girls, depending on the number of students that are signed up.
- Groups range from 10-12 students depending on the number signed up and will plan to meet during the school year or all year round.
- A parent lead/co-lead (2) will oversee each group and schedule monthly RAK meetings.
- Parent Leads are responsible for coordinating their own group projects if they wish to perform service as a group. Resources are available on the POP website.


Parent Expectations continued...

- The Christian Service Coordinator will communicate group opportunities as they come available.
- Students are *NOT ALLOWED* to leave afternoon carpool as a group for any off-campus projects. Parents are required to pick up their child and coordinate logistics for groups projects with the RAK Lead.
- Groups meet once a month at a time that works best for all members.
- Students are required to give \$10 x each member in their group. For example, if a group has 10 students, then each member will have \$100 for their RAK project.
- Each student is given a month to perform their project and will use the funds allocated – To make things simple for each family, we ask that you use your own funds. Members will not collect money each month. RAK Leads will be responsible for communicating how much each member is allowed to use.
- Parents will receive information by their RAK Lead(s) regarding various RAK opportunities that will take place throughout the year.

Meeting Expectations

- **RAK groups are parent led; therefore, ALL meetings must take place off-campus.**
- The RAK Lead(s) will be responsible for coordinating times and locations for group meetings and communicating with parents.
- Suggestions for meeting locations → parks, student's houses, Market Street Café, Starbucks, etc.

Student Expectations

- Students will be respectful of each other and will be always humble. Students will listen quietly when a RAK project/experience is being presented by another student.
- All members will sign a RAK Contract at the beginning of the year and upon signing the contract, students will be required to attend ALL meetings. If a student needs to miss a meeting, they will be advised to let their Parent Lead(s) know, in advance of the meeting.
- **Students who miss 2 consecutive meetings without notice will be asked to reconsider their commitment to the group.**
- Each student is encouraged to conceptualize their own RAK project/experience.
- **Hours are not recorded or required for RAK.**
- **Students will perform their RAK project/experience within the month they are assigned. If a student is not able to perform their RAK project in their assigned month, they will have the option to reschedule for the following month only. It is the student's responsibility to inform the RAK Lead(s) if they are not able to fulfill their RAK project in the month they are assigned.**
- **Students will be required to fill out a RAK Project google form following their RAK experience. This form will be the primary source of documentation for the RAK projects. It was implemented by the Christian Service Coordinator to allow for data collection and social media/newsletter publications.**
- **Students are expected to document their project/experience with photos. All photos should be sent to this email ~  tbayo@popschool.net.**
- All RAK members and parents will receive a link to the RAK Project google form at the beginning of the year and it will also be on the POP website under the Student Life Tab – Community Service.
- Once a student has performed their RAK project/experience, they will present it at the next scheduled meeting.
- Meetings will open and close with a prayer led by the students.

Parent Participation

- For a RAK group to be successful, each group must have a Parent Lead. It is recommended that all groups have a Lead and Co-Lead to assist each other with the meetings and to make sure there will be supervision at meetings if one is not able to be there. RAK meetings can only take place if parents are supervising the students. If you would like to become more involved in your student's service experience at POP, consider being a RAK Lead! It is fun, rewarding and a wonderful way to create new memories with your child as you embark on a faith filled RAK journey. Incoming 6th grade parents will have the opportunity to sign up as a RAK Lead in the google form specified for 6th grade families.

Questions regarding the role of RAK Lead/Co-Lead, please reach out to the Christian Service Coordinator at tbayo@popschool.net

Thank you for the opportunity to help your students become servant leaders and I hope they take full advantage of this wonderful service organization!

RANDOM
acts of kindness 

RAK INSPIRATIONS

(LISTED BELOW ARE HELPFUL SUGGESTIONS, BUT ARE NOT LIMITED TO)

- AUSTIN STREET CENTER
- BEHIND EVERY DOOR
- BOYS & GIRLS CLUBS OF COLLIN COUNTY
- BUDDY LEAGUE - COLLIN COUNTY
- CARIAD @ VILLAGE CREEK
- CATHOLIC CHARITIES OF DALLAS
- CHILDREN'S HOSPITAL OF PLANO
- COLLIN COUNTY ANIMAL SHELTER
- FRISCO FAMILY SERVICES
- FRISCO FAST PACS
- HABITAT FOR HUMANITY
- HELP OR CHEER UP A RANDOM STRANGER
- BUY A GAS GIFT CARD FOR A STRANGER
- HAND OUT WATER/SNACKS TO THE HOMELESS
- HOPE SUPPLY CO.
- HUNGER BUSTERS
- MATER FILIUS
- MINNIE'S FOOD PANTRY
- MISSIONARIES FOR CHARITY
- NORTH TEXAS FOOD BANK
- OPERATION KINDNESS
- RAINBOW DAYS
- THE SAMARITAN INN
- SOLES 4 SOULS
- THE STEWPOT

- THE STOREHOUSE OF COLLIN COUNTY
 - BOOK BUDDIES
 - PLUS, ONE
 - SEVEN LOAVES FOOD PANTRY
 - PROJECT HOPE
 - JOSEPH'S COAT

